



## Mardyke Arena Map

### Parking

Mini Buses may park in our car park on the right across from the Sacred Heart church. Bigger buses are not permitted to park in the Mardyke Arena Car Park.

## Mardyke Arena - School Tour Information

- Please complete the attached school tour booking form and return to the Mardyke Arena UCC at least one month before the tour date.
- We will base our programme on the number of participants specified on the booking form. If this number is to change, we need to know at least two weeks before the tour.
- A deposit of 10% of the total cost based on the number of participants specified on the booking form is required at least 2 weeks before the booking. Payment options are Cash, Credit Card or cheque made payable to the Mardyke Arena U.C.C.
- Deposits will be refunded up to one month prior to the tour date.
- Unfortunately we cannot accommodate school tours in May due to UCC exams. Tours can be booked for April and June. Please book early to avoid disappointment.
- A Booking Form and deposit is not a guarantee of a booking time. Should a suitable time slot be available then confirmation will be given, in writing, on receipt of your application and deposit. Please retain receipt and confirmation letter and present on day of tour.
- Please pay the balance due upon arrival on the day of the tour. This can be paid at reception. Payment options are Cash, Credit Card or cheque made payable to the Mardyke Arena U.C.C.
- The activities will commence at either 10am or 2pm sharp depending on the preferred time slot. The tour should arrive on the premises 20mins before the first activity to ensure there is no delay with the activities.
- Activities are subject to availability. We will do our very best to cater for the activities requested at the time of booking. However the situation may arise when some activities are unavailable on certain dates. Schools will be given ample notice if we cannot cater for these activities and will be asked to choose alternative activities.
- The tour will then be split into smaller groups depending on age. Activities will be structured to cater for the needs of each age-group.
- Participants are not to leave the building during their time slot. Teachers must stay on the premises for the duration of congregate in one of our sports halls for their break. Lunches can be pre-ordered through Nosh and Coffee.
- Participants should bring swimming togs and towels. Suitable runners and sports clothing should be worn.
- Any participant who suffers from any illness or incapacity which could restrict his/her ability to participate in an activity should be brought to the attention of the co-ordinator on the day.
- A cancellation of any proposed school tour must be given, **in writing**, to the management of the Mardyke Arena **not less than 7 days** prior to the staging of the Event / Activity.
- All school tours **must** abide by the rules and regulations of the Mardyke Arena and take on board any requests / observations made by the management of the Mardyke Arena during the activities.
- Management reserves the right to refuse entry or terminate a booking should the occasion require such action.
- Management, on certain occasions, reserves the right to cancel a booking where the facilities are required for another purpose. Ample advance notice, in writing, will be given of any cancellation by Management.
- Smoking is strictly prohibited in the Mardyke Arena.
- Chewing gum is strictly prohibited in the Mardyke Arena.
- Management accepts no responsibility for items lost / stolen or damaged on the premises or grounds.



# Mardyke Arena UCC School Tour Programme



**Tel:** +353 021 4904751  
**Fax:** +353 021 4904751  
**Email:** [mardykearena@ucc.ie](mailto:mardykearena@ucc.ie)  
**Web:** [www.mardykearena.com](http://www.mardykearena.com)



# 2010

## Introduction

Allow us take the headache out of organising your school tour this year. Simply book, choose your activities and we will take care of the rest.....!

Mardyke Arena School tours have grown in popularity over the years for the following reasons;

- No need to worry about the weather – all our activities are indoor and under the one roof
- Safe and encouraging environment
- We cater for groups ranging from 20 – 120 children per timeslot
- Qualified and Enthusiastic Sports leaders and helpers
- Wide Range of activities catering for all classes
- Flexible starts and finishes for schools travelling long distances
- Teachers can relax and unwind at our café whilst leaders look after the activities
- Each school will receive Mardyke Arena Photo of their tour

Why not link your Mardyke school tour with other school tour attractions in the vicinity? We are only a 5 minute walk away from UCC, Fitzgerald Park, Cork City Jail, Cork Museum, and the Lifetime Lab. Wilton Shopping centre is only 10 minutes from the Mardyke Arena.

## Facilities

Don't let the rain spoil your school tour this year! All our facilities are under the one roof. Our superb facilities include a unique Climbing Wall Hall, 3 Sports Halls, 2 Swimming Pools, 3 studios and Nosh and Coffee café.



## Timeslots

Choose from the following timeslots;

**Morning Option** 10 – 1pm  
**Cost €14 per child**

Schools can select a maximum of 5 activities during this time slot. Please note children will require extra time for the wall and swimming activities. If you choose both swimming and wall then you are limited to 4 activities in total. Children will have one short break of 10 – 15 minutes during this timeslot

**Day Option** 10 - 3pm  
**Cost €20 per child**

Why not spend the day in the Mardyke Arena? Exceptional value for money! Choose up to 8 activities for the day. If you choose both swimming and wall then you are limited to 7 activities in total. Children will have one break of 25 minutes. Junior and Senior infants will have 2 breaks.

**Afternoon Option** 2 – 5pm  
**Cost €12 per child**

Similar to the morning option but slightly cheaper! Schools can select a maximum of 5 activities during this time slot. Please note children will require extra time for the wall and swimming activities. If you choose both swimming and wall then you are limited to 4 activities in total. Children will have one short break of 10 – 15 minutes during this timeslot

## Activities

Brief Description of some of the activities;

### Climbing Wall

Take your school tour to new heights this year!!! The climbing wall is an excellent way to get kids to face a new challenge in a safe and encouraging environment. Our expansive wall is sectioned to cater for all ability levels from the nervous climber to the vertically curious climber! Our qualified instructors will belay, guide and supervise the group during their visit to the climbing wall

### Swimming

Junior infants to 2nd class can swim in our learner pool whilst children from 3rd class up can swim in the shallow end of the main pool. Children in the learner pool can play with the special pool toys provided whilst children in the main pool participate in pool games. All groups will be supervised by a Mardyke Staff.

### Hip Hop Dance and Street Dance

Our trained hip hop instructor will teach the kids some of today's hottest hip hop moves through a variety of fun warm up routines. Kids will have a ball getting down to some new energetic and innovative dance moves! Dances will be modified to suit all age groups!

### Skillastics

Skillastics is a Unique and Fun Fitness game suitable for kids of all abilities. Skillastics encourages maximum participation in a physically challenging but non competitive activity.



## Activities

Activities	Junior & Senior Infants	1st - 3rd Class	4th – 6th Class
Fun and games	○	○	
Mini Obstacle Games	○		
Bouncy Castle	○	○	
Pirates and Princesses	○		
Soft Play Activities	○		
Mini Soccer	○	○	
Climbing Wall		○	○
Box Hockey		○	
Basketball		○	
Soccer			○
Parachute Games	○	○	
Mini Dodgeball		○	
Team Building Games			○
Dodgeball			○
Uni Hockey		○	○
Hip Hop and Street Dance		○	○
Swimming	○	○	○
Skillastics		○	○
Olympic Handball		○	○
Badminton			○

**Each Child will receive a commemorative certificate to cherish and take home with them. Each school will receive a framed photo of their tour in the Mardyke Arena.**

### KIDS MEAL DEAL:

Plain sandwich (choose ham, chicken, cheese or egg mayo) + drink (choose bottled water, carton of milk or apple/orange juice) + snack (choose Cadbury's snack bar, apple/banana or crisps)

**ALL FOR JUST €5.00**

### HAVE AN ICE CREAM TREAT

Choose from Tangle Twister, Choc Ice or Brunch.

**ONLY €1.50**



**JUST REQUEST A LUNCH BOOKING FORM TO COMPLETE THE ORDER**