

National Qualification in Neuromuscular and Physical Therapy



www.ntc.ie



National Qualification in Neuromuscular and Physical Therapy

This internationally accepted qualification, is available at four locations across Ireland - Dublin, Cork, Galway and Donegal.

Enrollment is available to both professionally qualified persons with knowledge in the areas of basic anatomy and physiology and individuals without a professional qualification as primary anatomy and physiology will be covered on this programme. Ideal applicants include Nurses, Exercise Teachers, Chiropractors, Osteopaths, Physiotherapists, P.E. Teachers, Massage Therapists and any individual with a committed desire to learn the techniques required to effectively treat pain and injury.

Excellent opportunities exist for graduates at home and abroad as the use of neuromuscular and physical therapy in health care is rapidly increasing. CCME Course Director and tutor, John Sharkey, has been a full member of Medical and Science panel of the Olympic

Council of Ireland since 1999.

Qualified therapists offer professional services in a variety of locations including Private Practice, Injury Clinics, Sports Complexes, Sporting Teams etc.

This advanced Complementary Medical Educational course is delivered by some of the industry's most respected professionals. The course syllabus includes multi media and online based Cadaver studies to advance your knowledge of anatomy and enhance your ability to heal.

Patients, who are also customers of major health insurers such as Quinn HealthCare and Hibernian AVIVA Health, will have the treatments offered by graduates based in the Republic of Ireland covered when the graduate is a member of the Association of Neuromuscular Physical Therapists (ANMPT). This instills a very large degree of public confidence in the practitioner.

Locations

Dublin

Cork

Galway

Donegal

Belfast

Level

National Qualification
(Certificate)

Cost

Republic of Ireland

€3,520.00

Discounts of up to €420.00

Northern Ireland

£3,075.00

Discounts of up to £370.00

Please note that course fees must be paid in Euro for all Republic of Ireland courses and Sterling for all Northern Ireland courses, irrespective of the student's place of residence.

Entry Requirements

Applicants need to have a keen interest in the treatment of pain, injury and soft tissue dysfunction. They need to be able to offer commitment to participation on this programme which has been designed to fit in with the busy schedules of working individuals.

There are no formal education requirements for participation on this programme which is also available to individuals with previous bodywork, medical and wellness experience or qualification.

National Training Centre's approved Training Programmes and Trainers have been placed on the FÁS/EI National Register of Trainers. The registration number of National Training Centre is 903336

Graduate Treatments Approved by



QUINNhealthcare



Synoptic Syllabus

There are numerous areas covered on this programme. Some of the main categories covered include:

Anatomy, Physiology and Pathology

Students learn about the anatomy of the human body and the functions, names and descriptions of the relevant muscles, tissues and systems based on tensegrity.

Neuromuscular and Trigger Point Techniques

Development of the skills and knowledge relating to understanding the etiology, formation and treatment of myofascial trigger points.

Professional Practitioner Development

The role of the therapist regarding professional conduct, client relationships, insurance, record keeping, establishment of private practice, assessment and confidentiality.

Nutrition

The nutritional influences for maintaining healthy tissue and the development or reduction of inflammation and pain generation.

Other Categories Covered

- Orthopaedic Sports Massage Techniques
- Postural Assessment and Range of Motion testing.
- Soft Tissue Release
- Fascia and Myokinetic Chains and Links
- Event Massage including pre and post events
- Positional Release
- Strain Counterstrain
- Muscle Energy Techniques
- Full Body Kinetic Chain Assessment
- Injury Scenarios and Differential Diagnosis
- Clinical Practice

Your Future

Once the course has been successfully completed you can work as a fully qualified therapist offering treatment for soft tissue and muscular pain, injury and dysfunction to individuals and sporting teams.

You can also get professional indemnity insurance and, on joining the Association of Neuromuscular Physical Therapists (ANMPT), practitioners in the Republic of Ireland will have their treatments recognised by major health insurers. This gives a great degree of public confidence in your standard of practice and professionalism. Health insurers in the U.K. do not currently offer cover for complementary bodywork therapies.

Books and Study Aids

All course notes, and the Concise Book of Neuromuscular Therapy which is required reading for this programme, are included in the course fees.



Tutors

The tutors on the National Qualification in Neuromuscular and Physical Therapy programme are respected industry leaders and all hold the Higher Diploma in Education (H.Dip. Ed) and the National University of Ireland's Certificate in Training and Continuing Education. Many hold additional qualifications up to Masters Degree level.

Course director, **John Sharkey** BSc., NMT, MSc., is an anatomist, exercise physiologist, neuromuscular physical therapist and a full member of the Medical and Science team of the Olympic Council of Ireland since 1999. John is also the author of the *Concise Book of Neuromuscular Therapy* published by Lotus Publishing in Europe and North Atlantic Books in the U.S.



Course Fees

Standard Cost

The total cost of the National Qualification in Neuromuscular and Physical Therapy programme is €3,520.00 (Republic of Ireland) or £3,075.00 (Northern Ireland).

Payment Options

You can secure a place on the programme by paying a non-refundable deposit of €800.00 (£700.00). The balance of fees can be paid using a variety of options, some of which lead to significant discounts.



OPTION 1

A single payment of €2,300.00 (£2,005.00) on or before the course start date. This option gives a discount of €420.00 (£370.00) and total fees payable of €3,100.00 (£2,705).

OPTION 2

If your deposit has been paid at least one calendar month before the course start date you can pay your balance as above in Option 1 or by means of 8 monthly direct debit installments of €310.00 (£270.63) per month. This leads to a discount of €240.00 (£210.00) and total fees payable are €3,280.00 (£2,865.00).

OPTION 3

If your deposit has been paid less than one calendar month before the course start date you can pay your balance as above in Option 1 or by means of 8 monthly direct debit installments of €340.00 (£296.88) per month. This option offers no discount and total fees payable are €3,520.00 (£3,075.00).

Enrollment Form

National Qualification in Neuromuscular and Physical Therapy

Enrollment Form

Please complete all sections, detach and return to: NTC, 15-16 St. Joseph's Parade, Dorset Street, Dublin 7. Alternatively book online at www.ntc.ie

PERSONAL DETAILS

Please enter your name as you would like it to appear on your certificate.

Title	<input type="text"/>
First Name(s)	<input type="text"/>
Last Name(s)	<input type="text"/>

Address	<input type="text"/>
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Mobile	<input type="text"/>	Landline	<input type="text"/>
Email	<input type="text"/>		
Date of Birth	<input type="text"/>	Gender	<input type="text"/> M for Male. F for Female
Occupation	<input type="text"/>	Nationality	<input type="text"/>
Next of Kin	<input type="text"/>	N.O.K. No.	<input type="text"/>

Contact No. in the event of an emergency

HEALTH DETAILS

If you suffer from any illness or injury which could prevent your full participation, or if you have any special needs, please give details here

Terms & Conditions

The National Qualification Scheme will provide your certificates upon successful completion of the course. Certificates are valid for life. At the time of qualification you will be placed, free of charge, on the national register of the Association of Neuromuscular Physical Therapists where your status will be listed as active for a period of 3 months. At the end of this 3 month period you may opt to join the association on an annual basis. It is necessary for graduates practicing in the Republic of Ireland to be a member of an association in order that their patients qualify for health insurance benefits from Quinn Healthcare or Hibernian AVIVA . Membership of a recognised and respected association, such as the ANMPT, will ensure that you meet the requirements for forthcoming regulation from the Department of Health and Children and will also serve to reassure the public that you are a professional therapist who is held in good stead and who holds professional indemnity insurance.

Use of all study facilities is at the discretion of staff and tutors of the National Training Centre (NTC) and its agents.

It is each student's responsibility to ensure attendance at every tutorial. Such attendance should be in a timely manner as late arrival at tutorials is disruptive for other participants. It is not generally possible to move from one course to another or from one venue to another although individual circumstances will be considered upon receipt of a request in writing to the office of administration of the National Training Centre. Students who provide notification at the time of enrollment regarding their inability to attend specific weekends may repeat the missed weekend at another time or venue at no additional charge, otherwise a repeat weekend fee of €300.00 per weekend applies. Where an individual's ability to attend has been influenced by a medical reason or serious personal situation, an opportunity to repeat may be offered and the fee payable waived. Medical reasons for non-attendance must be confirmed by means of a medical certificate and any social reason for missing a weekend e.g. wedding, holiday etc. will not be considered valid justification for waiving the repeat weekend fee unless notification was given at the time of enrollment.

Students on the National Qualification in Neuromuscular and Physical Therapy course must complete and record 8 hours per week of independent study and practice.

In addition to our Code of Ethics and our National Standards and Guidelines, the National Training

Centre has rules and regulations regarding personal appearance, conduct, time-keeping, and attendance. Participation on this course assumes your consent to be bound by these conditions.

At the time of interview or open day, please ask any questions you may have to assist both the interviewer and yourself to ensure that this course meets your aims and objectives. Payment of a deposit or course fees at any time guarantees a place on the course, subject to availability. This guarantee is valid up to the specified start date contained within the literature for this course, by which time the balance of fees must be paid. All deposit amounts paid in relation to National Qualification courses are non-refundable in all circumstances. The balance of fees may only be refunded in line with the NTC's standard refund policy. Once a course has commenced refunds will not be offered in any circumstances. Should there be a genuine medical or compassionate reason why a student is unable to commence a course where a deposit or other fees have already been paid, they may apply to the Educational Committee of the National Training Centre to defer their participation to a later date.

All National Qualifications include final examination and certificates will only be awarded to those who successfully complete final examinations.

All applicants for courses have a responsibility to ensure that they are not suffering from any illness or injury which may prevent their complete participation on the course. Applicants must also ensure that they do not suffer from any communicable disease and furthermore, should they contract such a disease during the term where they are participating on the course, that they will not attend for the duration of the period during which they could infect fellow students.

Should a course commencement date be postponed, all applicants will be entitled to defer their commencement to the next available date or receive a full refund of any fees paid. Course schedule, content, tutors and venues may be subject to change.

Students who wish to pay their course fees by installments must do so by Direct Debit, either from a bank account or a credit card account.

Examination results and / or certificates will not be issued to any student who has not paid all fees due for their course.

Direct Debit Mandate Form - Bank Account

Please complete and sign this form and return to:

National Training Centre, 15-16 Saint Joseph's Parade, Dorset Street, Dublin 7.

ORIGINATOR'S CO: Zeros Ltd. | ORIGINATOR'S NUMBER: 305218

ORIGINATOR'S REFERENCE: National Training Centre, Dublin.

1. YOUR NAME

2. YOUR ADDRESS

When paying by direct debit using your bank or building society account please complete this section. When paying by direct debit using your credit or debit card please complete the section overleaf instead.

3. NAME OF BANK / BUILDING SOCIETY

4. BRANCH ADDRESS

5. ACCOUNT HOLDER NAME

6. SORT CODE

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7. ACCOUNT NUMBER

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I instruct you to pay direct debits from my account at the request of the National Training Centre. I confirm that the amounts to be debited are variable and may be debited on various dates.

I shall duly notify the bank in writing if I wish to cancel this instruction. I shall also so notify the National Training Centre of such cancellation. I understand that if any direct debit is paid which breaks the terms of this instruction, the bank / building society will make a refund.

If it is established that an unauthorised direct debit was charged to your account, you are guaranteed a prompt refund by your bank of the amount so charged.

8. SIGNATURE

9. SECOND SIGNATURE (WHERE REQUIRED) 10. DATE

Schedules and Locations

Dublin Evening Course

Wednesdays from 19:00 to 22:00	
October 2009	14th, 21st, 28th
November 2009	4th, 11th, 18th, 25th
December 2009	2nd, 9th, 16th
January 2010	6th, 13th, 20th, 27th
February 2010	3rd, 10th, 17th, 24th
March 2010	3rd, 10th, 24th, 31st
April 2010	7th, 14th, 21st, 28th
June 2010	9th, 16th, 23rd, 30th
July 2010	7th, 14th, 21st, 28th
August 2010	4th, 11th, 18th, 25th
September 2010	1st, 8th, 15th, 22nd, 29th
October 2010	6th, 13th, 20th, 27th
November 2010	3rd, 10th, 17th, 24th
December 2010	1st

This programme is delivered at:
The National Training Centre
15-16 Saint Joseph's Parade
Dorset Street
Dublin 7

t: 01 882 7777 f: 01 830 8757
e: info@ntc.ie i: www.ntc.ie

Dublin Saturday Course

Saturday from 9:00 to 17:00	
October 2009	31st
November 2009	14th, 28th
December 2009	12th
January 2010	9th, 23rd
February 2010	6th, 20th
March 2010	6th, 20th
April 2010	10th, 24th
May 2010	8th, 22nd
June 2010	12th, 26th
July 2010	10th, 24th
Sept. 2010	4th, 18th
October 2010	2nd, 16th
November 2010	6th, 20th
December 2010	4th, 18th
January 2011	8th, 22nd
February 2011	5th, 19th

This programme is delivered at:
The National Training Centre
15-16 Saint Joseph's Parade
Dorset Street
Dublin 7

t: 01 882 7777 f: 01 830 8757
e: info@ntc.ie i: www.ntc.ie

Schedules and Locations

Donegal Weekend Course

Saturday and Sunday from 09:00 to 17:00	
October 2009	17th, 18th
November 2009	21st, 22nd
December 2009	12th, 13th
January 2010	9th, 10th
February 2010	6th, 7th
March 2010	6th, 7th
April 2010	10th, 11th
May 2010	8th, 9th
June 2010	12th, 13th
July 2010	10th, 11th
August 2010	7th, 8th
Sept. 2010	4th, 5th
October 2010	2nd, 3rd
November 2010	6th, 7th
December 2010	4th, 5th

This programme is delivered at:
Letterkenny Leisure Complex
Sallaghgrane
Letterkenny
Co. Donegal

t: 074 912 1733 f: 01 830 8757
e: info@ntc.ie i: www.ntc.ie

Belfast Weekend Course

Saturday and Sunday from 09:00 to 17:00

Course for Belfast
scheduled to
commence in the
first half of 2010

This programme is delivered at:
Stranmillis University College
A College of Queen's University
Belfast
BT9 5DY

t: 353 1 882 7777 f: 353 1 830 8757
e: info@ntc.ie i: www.ntc.ie

Schedules and Locations

Cork Weekend Course

Saturday from 09:30 to 17:30
Sunday from 10:00 to 18:00

October 2009	3rd, 4th
November 2009	7th, 8th
December 2009	5th, 6th
January 2010	16th, 17th
February 2010	13th, 14th
March 2010	13th, 14th
April 2010	10th, 11th
May 2010	8th, 9th
June 2010	12th, 13th
July 2010	10th, 11th
August 2010	7th, 8th
Sept. 2010	4th, 5th
October 2010	2nd, 3rd
November 2010	6th, 7th
December 2010	4th, 5th

This programme is delivered at:
The Mardyke Arena (U.C.C.)
Mardyke Walk
Western Road
Cork

t: 021 430 1222 f: 01 830 8757
e: info@ntc.ie i: www.ntc.ie

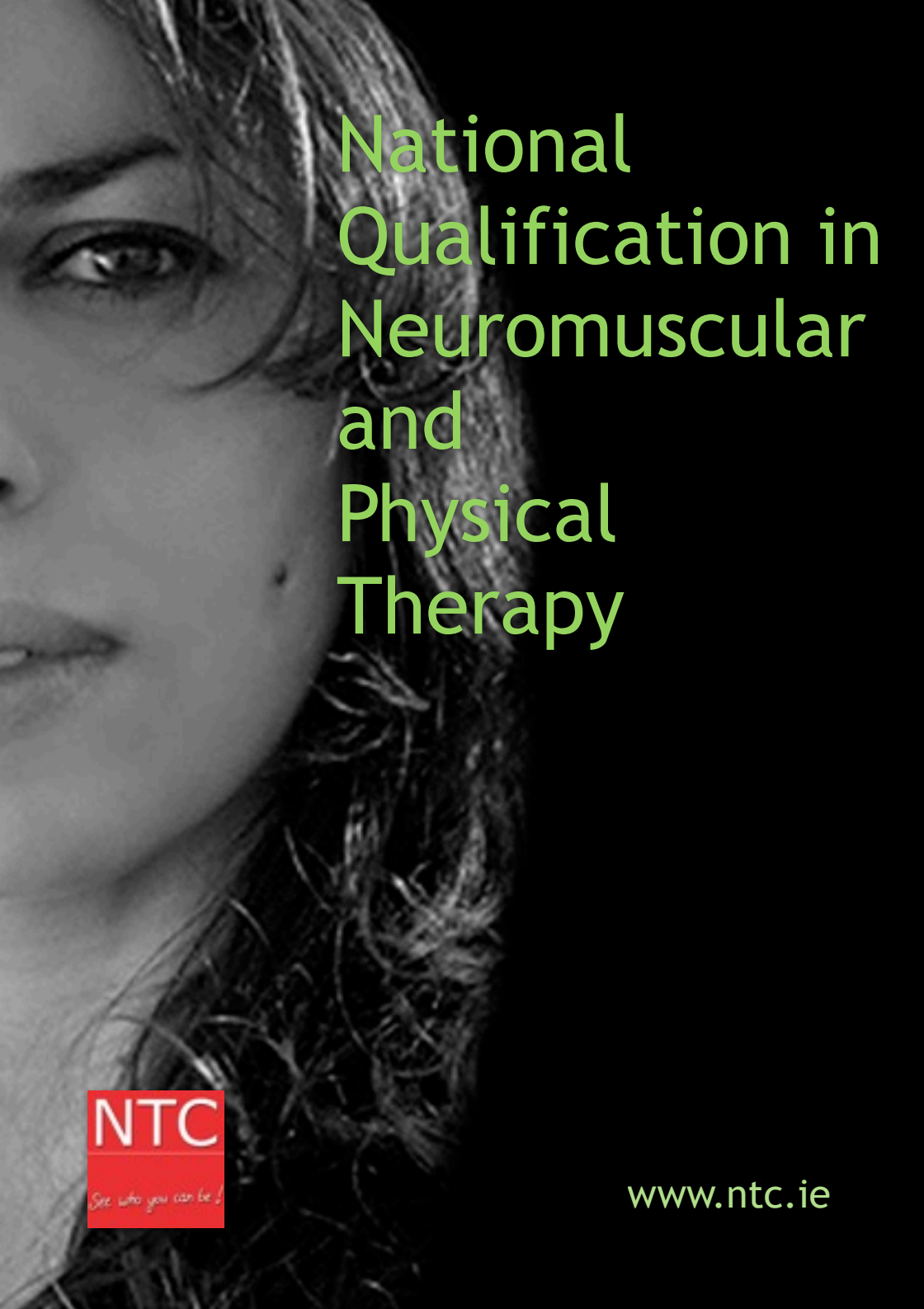
Galway Weekend Course

Saturday and Sunday
from 09:00 to 17:00

Sept. 2009	19th, 20th
October 2009	17th, 18th
November 2009	14th, 15th
December 2009	19th, 20th
January 2010	16th, 17th
February 2010	20th, 21st
March 2010	20th, 21st
April 2010	17th, 18th
May 2010	15th, 16th
June 2010	19th, 20th
July 2010	17th, 18th
Sept. 2010	11th, 12th
October 2010	9th, 10th
November 2010	13th, 14th
December 2010	11th, 12th

This programme is delivered at:
The Courtyard by Marriott
Headford Point
Headford Road
Galway

t: 091 530 888 f: 01 830 8757
e: info@ntc.ie i: www.ntc.ie

A close-up, black and white photograph of a woman's face, looking slightly to the left. Her hair is dark and curly. The background is dark.

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NTC

See who you can be!

www.ntc.ie