

“Learning to move,  
moving to learn:

*Exploring  
Fundamental  
Movement Skills  
Across the  
Lifespan*

Mardyke Arena,  
Cork, Ireland  
April 19<sup>th</sup> / 20<sup>th</sup> 2013



UCC

Coláiste na hOllscoile Corcaigh, Éire  
University College Cork, Ireland



**Fundamental Movement Skills are those skills that provide us with the ability and opportunity to engage in quality physical activity, sport specific skills and activities of daily living. Lack of these skills or delay in their development can hinder our movement, can affect our participation in daily living and sport specific skills and further lead us to develop complications associated with inactivity.**

Sports Studies and Physical Education, University College Cork, Ireland in collaboration with The Health Action Zone, Health Service Executive, Cork are delighted to welcome you to our first Interdisciplinary conference in Cork. This conference embraces the theme of developing and maintaining fundamental movement skills across the lifespan. The conference is unique in that it brings together expertise in the fields of research, policy and practice. Participants can avail of the opportunity to engage with and explore fundamental movement skill development and maintenance in different contexts, across a range of ages and abilities.

intervention can be organised. He has authored books and journal articles on these topics and has received grants from agencies such as the Economic Science Research Council, Action Medical Research, SCOPE, Local Education Authorities and the National Health Service. He is co-author of the Movement ABC along with Sheila Henderson and Anna Barnett and is a firm advocate of an ecological approach to intervention with children showing movement difficulties.

**As movement is a key theme of the conference, key note addresses in the mornings will be augmented with active workshops in the afternoon.**

Professor David Sugden will provide the opening key note address:

*“Importance of Fundamental Movement Skill Development: Why we’re here from research, policy & practice perspectives”.*

David Sugden is Professor of Special Needs in Education, University of Leeds. His specialist research interests include motor development, motor impairment, motor learning and children with developmental disorders. His work has centred on the characteristics of typically and atypically developing children, how they can be effectively assessed and how appropriate



# SPEAKER PROFILES

## **Dr Caroline Bond:**

Co-author of Manchester Motor Scale of Assessment: *“Assessment, planning and Implementation of FMS Programmes for preschoolers and primary school children”*

Dr Caroline Bond, Fieldwork Director to the Doctorate in Educational Psychology at Manchester University and practicing Educational Psychologist. Dr Bond is co-author of the Manchester Motor Skills Assessment (MMSA, 2007) and has worked and written in this field for many years.

## **Professor Philip Vickerman**

*“Addressing issues of Fundamental Movement Skills for Children/adults with impairments/Special Educational Needs”*

Prof Vickerman is a National Teaching Fellow and Director of Academic Delivery in the Faculty of Education, Community and Leisure in Liverpool John Moores University, UK. Philip is Professor of Inclusive Education and Learning and works nationally and internationally in the areas of Physical Education, Sport, Special Educational Needs (SEN) and Disability. His research interests focus around the training of Physical Education (PE) teachers for the inclusion of children with SEN. He also has an interest in research on gaining insights into children with SEN and their experiences of PE. In addition to research and conference papers, he has advised agencies such as the Department for Children, Schools and Families on Education on best practice training materials for trainee and qualified PE teachers.

## **Dr Susan Crawford**

(PhD, MT&LHE (Hons), BSc (Hons) Sport & Exercise Science, RM, RGN).  
*“Fundamental Movement Skills and University-School-Community Collaboration”*

Susan is a lecturer in Sports Studies and Physical Education, School of Education at University College Cork. Susan's research interest lies in the area of Autistic Spectrum Disorders, Developmental Disabilities, Fundamental Movement Skills (FMS) and Motor Impairment. Susan has recently completed two handbooks on FMS and Autism in collaboration with Health Action Zone, HSE South, Cork, which will be launched on the first evening of the conference.

**Dr John Bradley**

(BSc, PhD, PGCert T&L)

*“Addressing Sport Specific  
Fundamental Movement Skill  
Acquisition”*

John is a lecturer in Sports Studies and Physical Education, School of Education in UCC. John’s research interests lie in applied Coaching Science and factors affecting elite performance.

**Dr P.J. Smyth**

(BA, HDipEd, DipPhysEd  
,Med,PhD)

*“Fundamental Movement  
Skills for teenagers”*

PJ Smyth is a lecturer and researcher in Motor Behaviour and Applied Sport Psychology. His research includes practice factors affecting performance of sport skills in competitive situations, the development of fundamental skills in children and the relationship between fundamental skills and sport specific skills. In addition to his academic work PJ is a member of the panel of sport psychologists of the Irish Institute of Sport (IIS). He is advisor on mental preparation and skill development to a number performers and coaches in a variety of sports. PJ has a particular interest in rugby and contributes to Irish Rugby Football Union (IRFU) coaching courses and seminars.

**Naoimh McMahon**

(Chartered Physiotherapist,  
Master’s in Health Promotion)

*“Fundamental Movement  
Skills for Adults and Older  
Participants”*

Naoimh is a Chartered Physiotherapist who has also completed a Masters in Health Promotion. She has extensive experience in addressing activity programmes for older adults.

**Speaker TBC**

*“Connecting research and  
practice to policy and funding”*

# WORKSHOP SCHEDULE

WORKSHOP	FRIDAY	SATURDAY
<b>David Sugden:</b> MABC, Ecological Assessment & Intervention	/	
<b>Caroline Bond:</b> MMSA in action, Assessment & programme planning	/	
<b>Brendan Bolger:</b> Pre/primary school activity workshop	/	
<b>Kathy Kirwan/Wesley O'Brien:</b> Engaging Teenagers	/	
<b>Catriona McKiernan (Fri only):</b> Running / <b>Jeff Gomez:</b> Sport Specific i.e. Rugby	/	
<b>Terence McSweeney/Paul Ryan:</b> Adapted workshop for individuals with disabilities	/	
<b>Naoimh McMahon:</b> Elderly participants.	/	

Each workshop will accommodate a maximum of 25 participants. Please indicate workshops in order of preference and your choice will be accommodated in this order where possible for each day. Places are allocated on a first come first served basis.

# POSTER AND DVD PRESENTATIONS

Abstracts for poster and DVD presentations will be considered until February 21st 2013. Work in progress may also be submitted. Abstracts will be considered from both research and innovation perspectives. Hence, delegates wishing to show case examples of good practice in Fundamental Movement Skill Development from their work environments may also be considered for poster presentation. Likewise DVD loop presentations will also be considered. Please have an A4 summary of these presentations to hand for delegates' convenience. A CD-ROM of all abstracts will be available for all delegates.

## **Fri 19th 5.30pm -7pm:**

Cheese and Wine reception for official launch of ASD books by well known Sports Personality and Prof David Sugden: Written by Susan Crawford and sponsored by Health Action Zone (HSE South, Cork). These publications will be available free on the evening and online in the New Year.

**“Autism and Physical Activity:  
What every parent needs to know”**

**“Addressing Adapted Physical Activity Interventions  
for Children and Adults with Autism”**



# WEEKEND SCHEDULE

## Friday 19th April 2013

8.15-8.45am: Registration

9am: Opening Address: Prof Michael Murphy, President of UCC

9.20am: Minister Dept of Health & Children TBC

9.40am: HSE Representative: TBC

10am: Prof David Sugden: Keynote Address

11am: Coffee Break

11.30am: Prof Caroline Bond

12.30pm: Dr Susan Crawford

**1pm-2pm: Lunch**

2pm-3.45pm: Workshops

3.45-4pm: Coffee

4pm-5pm: Poster presentations

5.30-7pm: Book Launch, cheese & wine reception

## Saturday 20th April 2013

9am-9.30 am: Dr John Bradley

9.30am-10.30am: Dr P.J.Smyth

10.30-11am: Ms Naoimh McMahon

11am-11.30am: Coffee

11.30-12.00: Research/Practice to Policy: TBC

12md-1pm: Prof Philip Vickerman

**1pm-2pm: Lunch**

2pm-3.45pm: Workshops

3.45pm-4pm: Coffee

4pm-5pm: Panel Discussion/Q&A: Dr Fiona Chambers

5pm: Closing Speech: Dr Fiona Chambers

# Registration & Information

## Contact details:

Dr Susan Crawford:

*s.crawford@ucc.ie*

and

Mr Bernard Twomey:

*Bernard.Twomey@hse.ie*

**Online registration is available at**

*<http://conferencing.ucc.ie/conference>*



**UCC**

Dóláiste na hOllscoíle Corcaigh, Éire  
University College Cork, Ireland

