



## Mardyke Arena

UNIVERSITY COLLEGE CORK

### **Gym/Fitness Instructor**

Mardyke Arena UCC are currently seeking applications for the position of Gym/Fitness Instructors. The hours will include a variety of shifts and weekends. Candidates must be available to work early mornings, late evenings and weekends, experience is an advantage but not essential.

Main Duties and Responsibilities include:

- Create unique workout plans for Customers, explaining exercises in detail and suggestions alterations if needed.
- A passion for excellent customer service delivery, ensuring the highest levels are offered at all times.
- Oversee the use of fitness equipment and ensure customers exercise properly and safely.
- A Valid First Aid Certificate ( Desirable)
- Maintain a high level of hygiene in all gyms.
- The ability to teach fitness classes to a wide range of fitness levels (desirable not essential).
- Candidates need to have recognised qualifications (Fitness Instructors Certification - REPS Ireland qualifications essential).
- Lifeguard qualifications also desirable.

Applications to Liz Dillon Moloney at [lizmahr@ucc.ie](mailto:lizmahr@ucc.ie)