



# Mardyke Arena

UNIVERSITY COLLEGE CORK

## Class Instructors

The Mardyke Arena UCC is currently seeking enthusiastic individuals to join our team as Class Instructors for evening classes. This is a fantastic opportunity for fitness enthusiasts.

This role is ideal for individuals who are passionate about fitness, have excellent communication skills, and are motivated to inspire others on their fitness journey.

Main Duties and Responsibilities include:

- Teaching a wide variety of Classes, such as Aerobics Step, Conditioning, HIIT, Zumba, Yoga, Pilates etc.
- Assist members and adjust activities for those ranging from beginners to advanced.
- Provide support to members, ensuring a positive and motivating workout experience.
- Promote Health and Safety: Adhere to safety guidelines and ensure the well-being of all members during classes and gym activities.
- Fitness Instructors Certification - REPS Ireland registered- Essential.
- A Valid First Aid Certificate - Desirable

What we offer:

- Competitive Salary
- 20 Days paid annual leave (pro-rata).
- 3-Bonus Paid Days at Christmas
- Generous Company Pension Scheme
- 30 Days Paid Sick Leave Annually
- Paid Lunch Breaks
- Sunday & Bank Holiday Allowances
- Membership of the Arena Facilities
- Ongoing Training and Career Development
- Staff Uniform Provided
- Staff Parking
- Staff Reward & Recognition Programme

Applications to Liz Dillon Moloney at [lizmahr@ucc.ie](mailto:lizmahr@ucc.ie).