



Job Opportunity: Gym Instructor- Full time/part time

Mardyke Arena UCC is seeking enthusiastic and dedicated a **Full-Time and a Part Time Gym Instructor** to join our team.

This is a fantastic opportunity for fitness professionals who are passionate about health and wellbeing and who thrive in a dynamic, team-focused environment.

Key Responsibilities:

- Deliver high-quality fitness instruction and support to members in both 1-to-1 and group settings.
- Provide tailored fitness programmes, assessments, and guidance to help members achieve their goals safely and effectively.
- Lead engaging group fitness classes, ensuring inclusivity and motivation for all participants.
- Maintain a high standard of customer care, building positive relationships with members.
- Ensure the gym floor and equipment are clean, safe, and well-maintained always.
- Promote health, fitness, and wellbeing initiatives within the Arena.
- Support the wider fitness team in delivering events, workshops, and special programmes.
- Adhere to all health & safety policies and procedures.

Qualifications and Skills:

- Fitness Instructors Certification – with minimum of 3 years' experience
- Excellent communication and interpersonal skills with the ability to motivate and inspire
- Professional, reliable, and a strong team player
- A Valid First Aid Certificate – Desirable

What We Offer:

- Competitive salary
- 20 days annual leave (pro-rata) + company days (pro-rata to max. 3 days) at Christmas
- Pension and sick pay schemes (T&C's applicable)
- Paid lunch breaks
- Sunday & Bank Holiday allowances
- Free access to Arena facilities
- Ongoing training and career development
- Staff uniform (where applicable) & parking

To apply, send your CV to **Elsa Gomez** at EGomez@ucc.ie by **Wednesday September 10th 2025**