



Swimming Pool - Code of Conduct

- Patrons should at all times adhere to calls and instructions given by staff.
- All swimmers should shower before entering the pool, steam room or sauna to maintain good pool water quality (recommended 1 minute of showering).
- Swimming hats must be worn at all times.
- A supervising adult (17 or over) must accompany children under the age of 7 in the main pool at all times. They may remain on the learner pool deck or in the learner pool to supervise children under 7 in the learner pool.
- Patrons must be 17 or over to use pool facilities after 19:30 from September until May and after 20:30 from June until August.
- Children 12 years of age and under must have a parent / guardian inside the facility at all times in case of emergency.
- Snorkels, masks and flippers / zoomers are not permitted in the pool.
- Hand paddles are only permitted in swimming lanes.
- Aqua-joggers are not to be used without prior consent of the lifeguard on duty and must be returned to lifeguards when finished.
- Inflatables other than arm bands, baby seats and baby rings are not permitted in the main pool at any time.
- Children using baby seats must be accompanied by a swimming adult at all times.
- Arm bands and baby rings are restricted to the learner pool and from the sign to the shallow end wall in the main pool. Children should be supervised when using.
- Members / patrons must not be present on the pool deck unless absolutely necessary and with the agreement of the lifeguard.
- Mobile phones / recording equipment of any description are not permitted in the pool area without prior consent of the lifeguard on duty.

- Outdoor footwear is not permitted on pool deck. Protective pool shoe covers must be worn to maintain hygiene / cleanliness levels.
- Prams, buggies or children left unattended are not permitted on pool deck at any time. Patrons, 17 or over may supervise children in close proximity in carry cot / car seats on learner pool deck from learner pool.
- Patrons should ensure that infants placed on the baby-changing units are fully supervised at all times.
- No running on the poolside at any time.
- Diving, jumping, bombing, somersaults, etc into the pool are not permitted at any time.
- The pushing of pool staff into the pool is strictly forbidden.
- No petting or inappropriate / offensive behaviour is permitted in the pool area at any time.
- Persons under the influence of alcohol or drugs will not be permitted entry to the pool.
- Weak / Non - swimmers should always remain inside their depth whilst in the pool.
- Ball games are not permitted in the pool at any time other than by agreement with the Duty Manager on duty.
- Smoking or vaping is not permitted on the premises of the Mardyke Arena at any time.
- Appropriate swimwear must be worn at all times. Soiled swimwear, underwear and t-shirts are not permitted. Long sleeved swimwear may be worn if it is specialised swimwear.
- Sharp objects must not be brought into the pool area, in particular razors or glass.
- Young children should wear protective swim pants at all times (up to the age of 3).
- All swimmers should vacate the swimming pools promptly when signalled to do so by the pool staff.
- Swimmers are not permitted to swim long distances underwater holding their breath or repeatedly duck under water.
- Chewing gum is not permitted in the pool area.

- Members / Patrons should use the lockers provided to store belongings. The changing cubicles should be kept clear when not in use. Patrons may not leave their personal belongings on the pool deck.
- Members / Patrons are limited to one person per cubicle, including shower cubicles, except in case of parents with children.
- Members / Patrons are not permitted to teach swimming in the pool.
- Teams are not permitted to use the pool facilities before, after or during team activities.
- Patrons / members should be courteous to other members and staff and not use inappropriate or offensive language in the Arena.
- Members should observe Children's' Changing Policy

There are a number of individual changing cubicles in the pool area of the Mardyke Arena UCC. We also offer male and female group changing rooms in this area.

We would ask that female patrons with male children and vice-versa use the individual cubicles wherever possible as opposed to the group changing facilities.

This policy is intended to avoid any discomfort/embarrassment to patrons using the group changing room.