

Gym/Fitness Instructor

Mardyke Arena UCC are currently seeking applications for the position of Gym/Fitness Instructors on a full time basis. The hours will include a variety of shifts and weekends. Candidates must be available to work early mornings, late evenings and weekends, experience is an advantage but not essential.

Main Duties and Responsibilities include:

- Create unique workout plans for Customers, explaining exercises in detail and suggest alterations if needed.
- A passion for excellent customer service delivery, ensuring the highest levels are offered at all times.
- Oversee the use of fitness equipment and ensure customers exercise correctly and safely.
- A Valid First Aid Certificate (Desirable)
- Maintain a high level of hygiene in all gyms.
- The ability to teach fitness classes to a wide range of fitness levels (desirable not esstential).
- Candidates need to have recognised qualifications (Fitness Instructors Certification REPS Ireland qualifications essential).
- Lifeguard qualifications also desirable.
- Ability to work as a part of a team as well as on own initiative

What we offer:

- Highest Salaries / Hourly Rate in the Industry
- 20 Days paid annual leave
- 3-Bonus Paid Days at Christmas
- Generous Company Pension Scheme 8.5% Employer & 6.5% Employee
- 30 Days Paid Sick Leave Annually
- Paid Lunch Breaks
- Sunday & Bank Holiday Allowances
- Membership of the Arena Facilities
- Ongoing Training and Career Development
- Staff Uniform Provided
- Staff Parking
- Staff Reward & Recognition Programme

Please apply directly to <u>lizmahr@ucc.ie</u> on or before Friday the 10th February 2023